



MARYLAND
SLEEP SOCIETY



Winter Newsletter

Maryland Sleep Society
March 2024

President Message

I'm happy to report that the Maryland Sleep Society's Board of Directors convened on Saturday, January 13, 2024, for a strategic planning session for the upcoming year, the gathering was a resounding success, characterized by the enthusiasm and commitment of our remarkable board.

We selected four key areas to focus on this year:

1. **Professional Development:** This includes mentorship programs, establishing an online job board, and partnerships with local community colleges to introduce sleep medicine as a career path.
2. **Membership Networking:** We're looking at case reviews, enhancing online profiles, and forming a referral network.
3. **Quarterly Workshops:** These will be a mix of hands-on learning and webinars, alongside the development of a resource-rich website featuring medical device protocols and information on oral appliance products.
4. **Community Outreach and Advocacy:** We aim to implement educational programs and secure grants for service.

Our committees are charged with executing these strategic initiatives. If you're an active member keen on contributing, we welcome you to join one of our working committees: Program and Meeting, Communications, or Membership Development. Your involvement will be crucial to our success as a non-profit this year.

My personal objective as president is to provide the leadership necessary for our society to flourish in its mission of promoting healthy sleep. I encourage our members to actively participate in our committees, helping us evolve into a more inclusive and sustainable organization. This collective effort will undoubtedly enhance our ability to assist our patients more effectively.

I'm eager to serve as your president this year and look forward to connecting with many of you at our [business meeting](#) in June and our annual conference in November.

Better Together,
Dr. Dennis Stiles, DDS,
President, Maryland Sleep Society
Diplomate ABDSM
Deans Faculty at the University of Maryland School of Dentistry

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Thank You!

Thank you for renewing your membership for 2024!

If you have not renewed your membership, take advantage of everything membership offers, including a voice in peer-to-peer networking, educational events, and much more

[Renew or Join Today!](#)

2023 Annual Conference



Our 13th Annual Academic Conference, held in October in Towson Maryland, was a success! Our engaging speakers covered topics ranging from treatment of hypersomnia, new approaches to managing pediatric insomnia and new roles for sleep technologists in patient care. Meeting participants also enjoyed meeting and learning from our incredible sponsors! Please save the date for this year's academic conference!

Save the Date - The 14th Annual Academic Conference will be held November 1-2. More information coming soon!

Save the Date - Spring Business Meeting



MARYLAND
SLEEP SOCIETY

Maryland Sleep Society

SPRING MEETING



DATE

June 13, 2024



TIME

At 6:00 PM



WHERE

1211 Cathedral Street,
Baltimore, MD 21201



Please join the Maryland Sleep Society for our Spring Business meeting featuring our keynote address by Rachel Newman Waddy M.Ed., MSW, RPSGT, Instructional Specialist II, Polysomnographic Technologist Program at the Community College of Baltimore County.

Rachel will be Addressing the shortage of RPSGTs in Maryland.

Register
Now!

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Maryland Sleep Society
1211 Cathedral St, Baltimore, MD 21201
gtinsley@medchi.org
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