

Share YOUR Good News in the Maryland Sleep Society Newsletter

Your colleagues and friends in the Maryland Sleep Society would like to hear YOUR news! Share an interesting article, an update regarding your current research, or news about your staff. As a way to increase visibility and interaction among members, the Maryland Sleep Society invites member contributions to its quarterly newsletter.

Please submit any sleep-related content that you would like to share.

Some suggestions:

- Your work on a subject relevant to Sleep Research or Sleep Medicine
- New science the sleep community should know about
- Sleep in the News - an article you found interesting
- A notable story of success (patient improvement, community awareness, one of your experiences, etc.)
- Something interesting you learned at a meeting (with the speaker's permission)
- Other sleep related events and activities in the area

Submission Guidelines

How to submit to the newsletter: Simply email your information, article or link to info@marylandsleepsociety.com. There is no limit on the number of submission you may provide, but depending on the available space/number of submissions, the editors may only publish one of your items, or we may delay publication until a following month.

Deadline: Because the newsletter is published quarterly, all information for each quarter's newsletter must be submitted in final form by the first day of the month - January 1, April 1, July 1, and October 1.

New or revised articles arriving after the cutoff date will be included in a future issue. The deadline is especially important if you are submitting something that is time sensitive.

Length of Articles: Submissions should be between 100-250 words. If you have a shorter or longer submission or idea, please notify us in advance.

Editing: The editors reserve the right to correct grammar and reduce the length of your article. But, we will not alter the intent or meaning. We will send you the edited copy for your final approval prior to publication.

Credit: We will publish your article with a "by-line" consisting of your name and title. If you wish to have your article published anonymously, please let us know at the time of submission.

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